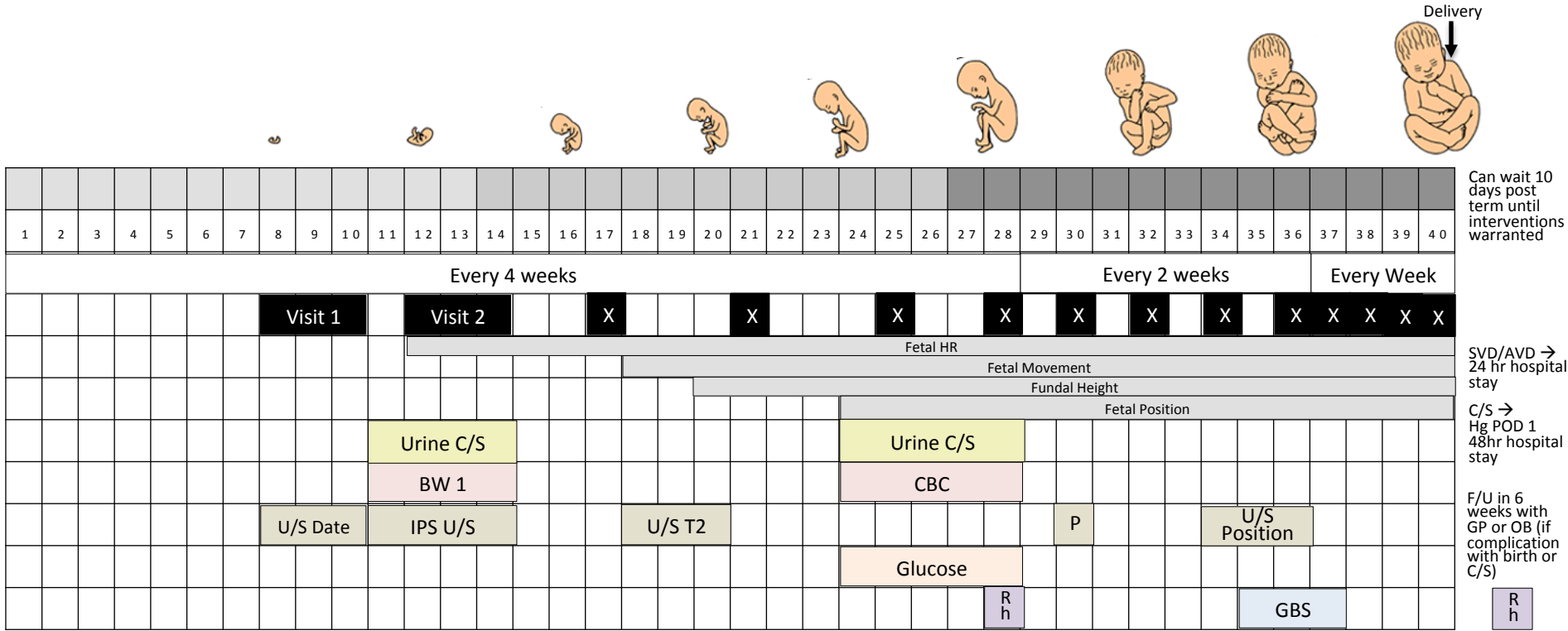


Antenatal Visits



Can wait 10 days post term until interventions warranted

SVD/AVD → 24 hr hospital stay

C/S → Hg POD 1 48hr hospital stay

F/U in 6 weeks with GP or OB (if complication with birth or C/S)

R h

Given again after birth

Visit 1 Antenatal 1
Antenatal 2 to document other visits

If Mom Rh- give Rh immune globulin (WinRho®) to prevent hemolytic disease of the newborn

At Every Visit:
Gestational Age
BP
Maternal Weight
Urine Protein

Blood Work 1
CBC
Blood type and Rh
Rubella
Chlamydia and Gonorrhea
VDRL
HepB
HIV
+/- TSH
+/- Ferritin
+/- Parvovirus

GDM Risks:
Macrosomia
Hypoglycemia
Jaundice
Preeclampsia, Stillbirth,
Management:
diabetic diet, exercise, +/- insulin
Sugar checks QID
Early Induction

Additional U/S if there are concerns for
• Growth
• Diabetes
• Placenta (30 weeks)
• Position (34 - 36 weeks)
• Anatomy
• Fetal Well-being

Glucose Testing
Test1 Glucose Challenge Test (GCT)
Non-fasted. Ingest 50g Glucose BW 1 hr later
Fail if > 7.8 mmol/L
→ Do GTT
Test2 Glucose Tolerance Test (GTT)
Fasted. BW before starting Ingest 75 g Glucose BW 1 hour after BW 2 hour after
GDM if ≥1 value is abnormal
Fasting ≥5.3 mmol/L
1 hour ≥10.6 mmol/L
2 hours ≥9.0 mmol/L

Biophysical Profile (BPP)

Parameter	Normal (2 points)	Abnormal (0 points)
NST/Reactive FHR	At least two accelerations in 20 minutes	Less than two accelerations to satisfy the test in 20 minutes
US: Fetal breathing movements	At least one episode of > 30s or >20s in 30 minutes	None or less than 30s or 20s
US: Fetal activity / gross body movements	At least three or two movements of the torso or limbs	Less than three or two movements
US: Fetal muscle tone	At least one episode of active bending and straightening of the limb or trunk	No movements or movements slow and incomplete
US: Qualitative AFV/ AFI	At least one vertical pocket > 2 cm or more in the vertical axis	Largest vertical pocket <= 2 cm

GBS Testing
Vaginal and Rectal Swab
GBS+ 5 million units of PenG 4 hrs before birth (Clinda if allergic)